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ANTIFUNGAL ACTIVITY OF *TRICHOSANTHES CUCUMERINA* L AN ENDANGERED ETHNOMEDICINAL WILD HERB

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ABSTRACT

The present work has been under taken to study the antifungal activity of stem, leaf, flower and seed extracts of *Trichosanthes cucumerina* L against disease causing fungi. Antifungal activity of different solvent (Water, Methanol, Chloroform, Petroleum ether, Acetone) extracts of stem, leaf, flower and seed of *T. cucumerina* has been studied to find out its activity against six important fungi *Penicillium*, *Fusarium chlamydosporum*, *Aspergillus flavus*, *Aspergillus terreus*, *Aspergillus fumigates* and *Curvularia lunata*. The antifungal activity of the stem, leaf, flower and seed extracts was done through well diffusion method and by measuring the inhibition zone around the disc. The results revealed that the seed extracts of *T. cucumerina* exhibited antifungal activity against all the microbes under study. The results provided evidence that the species *T. cucumerina* can be used as a potential source of antifungal agents.

Keywords: Antifungal Activity, *Trichosanthes Cucumerina*, Different Extracts, Zone of Inhibition

INTRODUCTION

It is well known that infectious diseases account for high proportion of health problems especially in the developing countries. The pathogenic microorganisms are always trying to develop resistance to various antibiotics. This resistance has increased due to indiscriminate use of commercial antibiotic drugs. Therefore, the chemotherapy of infectious diseases has proved to be a continuous struggle. Scientists are always in search of new antimicrobial substances from various sources to control the pathogenic microorganisms. Thus, it is of paramount importance for the scientists to develop new antimicrobial substances. The exploration of certain indigenous plants for their biological properties holds a great potential to solve the riddles caused by microorganisms.

Number of plant species have been tested for antimicrobial properties, the vast majority of have not been adequately evaluated (Balandrin *et al.*, 1985). Some of the plants showed antifungal activity: *Acacia nilotica*, *Withania somnifera* and *Sida cordifolia* (Mahesh and Satish, 2008). Infections induced by pathogenic fungi are increasingly recognized as an emerging threat to public health. Certain commensal fungi, such as *Candida* species, cause infections when their human hosts become immune compromised (Cannon *et al.*, 1995). Laurens *et al.*, (1985) worked on the antimicrobial activity of some Cucurbitaceae medicinal species of Dakar markets.

Several works have demonstrated in laboratory trials that different parts of plant, such as root, leaves, seeds and flowers possess inhibitory properties against bacteria, fungi and insects (Davicino *et al.*, 2007). In recent times, the rapid development of multi drug resistant bacterial and fungal strains of clinically important pathogens fetches the interest of scientists to develop newer broad spectrum antimicrobial agents.

The less availability and high cost of new generation antibiotics necessitates looking for the substances from alternative medicines with claimed antimicrobial activity. These developments and associated increase in microbial infections intensified the search for new, safe and more efficacious agents to combat serious microbial infections.

Based on review of literature, there appeared to be fewer studies performed on the antimicrobial activity of aqueous and organic extracts of *T. cucumerina*. The present investigation has been attempted to evaluate antifungal activity of different solvent extracts of various parts of *T. cucumerina* using some human and plant pathogenic and non-pathogenic fungi.

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MATERIALS AND METHODS

Chemicals/Reagents

Chemicals and reagents used in this investigation were of analytical reagent grade and were purchased from Himedia (Mumbai, India), Sd-fine (Mumbai, India) and E-Merck (Mumbai, India).

Microorganisms Used: The following fungal species were used to assess the antifungal activity of extracts of *T. cucumerina*. These were obtained from Department of Microbiology, Kakatiya University, Warangal, Telangana State, India.

- | | | |
|----|--------------------------------|---------|
| 1. | <i>Penicillium spp.</i> | KUCC31 |
| 2. | <i>Fusarium chlamydosporum</i> | KUCC 27 |
| 3. | <i>Aspergillus flavus</i> | KUCC 24 |
| 4. | <i>A. terreus</i> | KUCC 38 |
| 5. | <i>A. fumigatus</i> | KUCC 25 |
| 6. | <i>Curvularia lunata</i> | KUCC 36 |

Media Used for the Assay: The following different specific growth media were used to culture the microorganisms.

Media for Fungal Cultures

Sabourad's Dextrose Agar Medium (SDA)

- | | | |
|----|-----------------|--------|
| 1. | Peptone | 10.00g |
| 2. | Dextrose | 40.00g |
| 3. | Agar | 20.00g |
| 4. | Distilled water | 1000ml |
| 5. | pH | 6.8 |

Asthana and Hawker's Medium (AH)

- | | | |
|----|-----------------|--------|
| 1. | Glucose | 5.00 g |
| 2. | KN03 | 3.50g |
| 3. | KH2P04 | 1.75g |
| 4. | MgS04 | 0.75g |
| 5. | Agar | 20.0g |
| 6. | Distilled water | 1000ml |

A medium without agar was employed as broth medium.

Plant Material: The plant material (stem, leaf, flower and seeds) of *T. cucumerina* was collected from the Research field, Department of Biotechnology, Kakatiya University, Warangal, Telangana State, India. This collected plant material was washed thoroughly with distilled water to remove the surface contaminants and shade dried at room temperature for 30-45 days. Later finely powdered using an electric blender and stored in air tight containers for future use.

Preparation of the Extracts

The powder (25gm) was used for the extraction with 150 ml 80% methanol for 24 hours by Soxhlet equipment and filtered through 0.45 µm membrane filter. This filtrate was evaporated under reduced pressure and dried in a rotator evaporator at 55°C.

Dried extracts were stored in screw cap bottles at -20°C and used as stock. Further, the same was diluted by using distilled water to arrive at different concentrations (1:1, 1:2 and 1:3). Fresh extracts were prepared for every third day.

Preparation of Sample/Test Solution for Antifungal Activity

A concentration of 200mg/ml of each solvent extract of different plant parts was prepared in DMSO (which did not influence the microbial growth).

Preparation of Spore Suspension

From the fresh cultures, spores (fungi) were collected and transferred in a test tube containing sterilized distilled water and Sabourad's dextrose broth. The spore suspension thus, obtained was used for testing antifungal activity.

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Cultivation Techniques

- a) *Slant Preparation:* Agar slants were prepared by dispensing 10 ml of aliquots of molten medium into 30 ml test tubes and sterilized. The test tubes were then laid on a 30 angle and allowed to set.
- b) *Plate Preparation:* Using sterile technique, 20ml aliquots of sterile molten medium were transferred to sterilized petridishes. After solidifying, the plates were used for the assay.
- c) *Sub-Culturing:* Subcultures were prepared by transferring loopful of inoculums from culture slants to freshly prepared agar slants. These were incubated in the desired conditions (Sabourad's Dextrose Agar medium, 22°C for 5-7 days in dark).

Antifungal Assay: The antifungal activity of petroleum ether, chloroform, ethyl acetate, acetone methanol and aqueous extracts was determined by agar well diffusion method.

The culture plates inoculated with test organisms were allowed to solidify and punched with sterile cork borer (7.0 mm diameter) to make open wells.

The open well was filled with 0.05ml or 50µl of the extract. For normal fungi, the test was carried out on Sabourad's Dextrose Agar medium. Plates were incubated at 30°C and 22°C respectively for 72 hrs. The zones of inhibition were measured and recorded.

RESULTS AND DISCUSSION

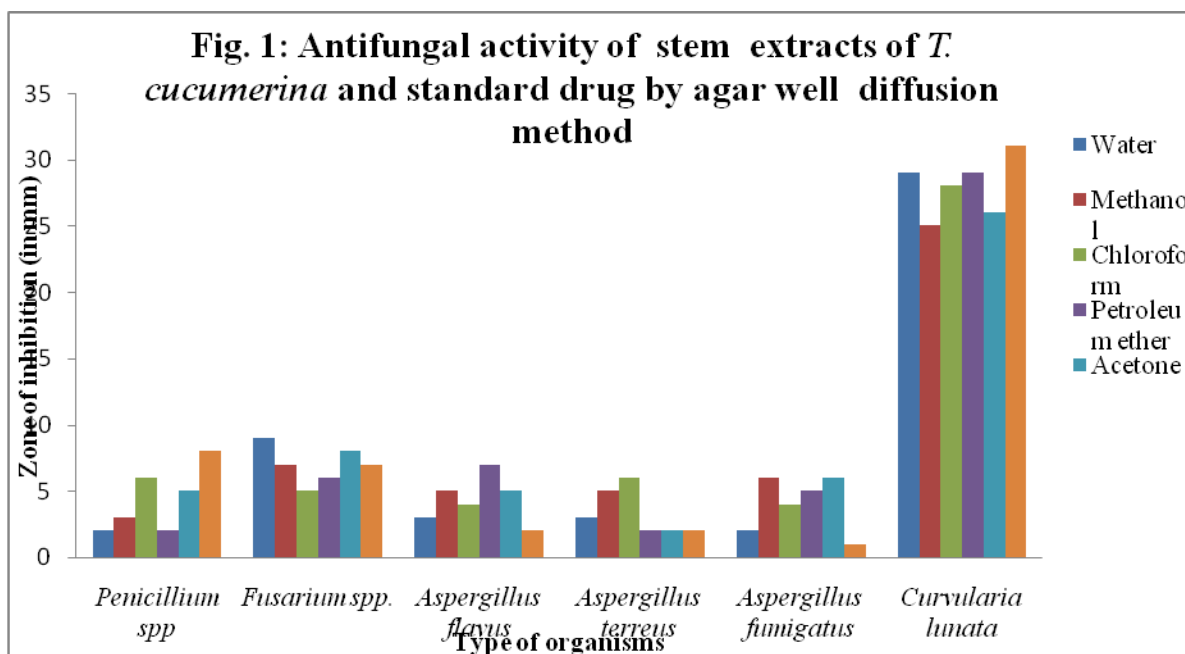
The present investigation evaluated the antifungal activity of crude extracts of stem, leaf, flower and seed prepared by using different solvents in a soxhlet apparatus. The organisms used in the study were *Penicillium*, *Fusarium*, *Aspergillus flavus*, *Aspergillus terreus*, *Aspergillus fumigatus* and *Curvularia lunata*. The antifungal activity of stem, leaf, flower and seed was analyzed using agar well diffusion method and the results are presented in Table 1, Figure 1. The results obtained from the investigations showed that almost all the extracts exhibited considerable antifungal activity against all microorganisms tested.

Table 1: Antifungal Activity of Different Extracts of *T. Cucumerina* and Standard Drug by Agar Well Diffusion Method

Plant Extracts		Stem				Leaf				Flower				Seed									
		W	M	C	PE	A	S	W	M	C	PE	A	S	W	M	C	PE	A	S				
<i>Penicillium</i>		0	0	0	0	0	2	0	0	0	0	0	3	0	0	0	0	0	3	0	0	0	0
<i>m spp.</i>		2	9	3	3	2	9	5	5	4	2	6	5	2	4	2	4	5	5	7	9	2	2
<i>Fusarium</i>		0	0	0	0	0	2	0	0	0	0	0	3	0	0	0	0	0	3	0	0	0	0
<i>chlamydosporum</i>		3	7	5	5	6	5	6	5	5	6	3	6	6	5	6	3	4	1	6	7	6	6
<i>Aspergillus</i>		0	0	0	0	0	2	0	0	0	0	0	3	0	0	0	0	0	3	0	0	0	0
<i>s flavus</i>		6	5	4	6	4	8	2	6	6	4	4	9	4	6	4	5	3	2	8	5	4	4
<i>A. terreus</i>	<i>T</i>	0	0	0	0	0	2	0	0	0	0	0	3	0	0	0	0	0	3	0	0	0	0
		2	6	7	2	5	9	2	4	5	5	2	8	5	5	5	2	2	5	4	6	5	5
<i>A. fumigatus</i>	<i>fu</i>	0	0	0	0	0	2	0	0	0	0	0	3	0	0	0	0	0	3	0	0	0	0
		5	8	5	2	6	6	5	6	5	6	5	4	6	5	6	2	3	2	5	8	6	6
<i>Curvularia</i>		0	0	0	0	0	3	0	0	0	0	0	3	0	0	0	0	0	2	0	0	0	0
<i>lunata</i>		8	7	2	2	1	1	6	5	2	1	1	5	1	2	1	4	6	9	4	7	1	1

W- Water; M- Methanol; C-Chloroform; PE- Petroleum ether; A-Acetone; S-standard

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Showing the zone of inhibition (in mm), W-Water, M-Methanol, C-Chloroform, PE-Petroleum ether, A-Acetone, S-Standard (Nystatin)

The wild variety of *T. cucumerina* stem extracts were found significantly by inhibiting almost all the organisms as evidenced by zone of inhibition ranging from 01-09mm (Table 1). The order of extracts showing antifungal activity was recorded as: methanol>chloroform>Petroleum ether>acetone>Aqueous extracts. Methanolic extracts showed maximum zone of inhibition against *Penicillium spp.*, *A. fumigatus* (8-9mm) (Figure 1).

Chloroform extracts showed moderate activity against *Aspergillus terreus* (07mm). Acetone extracts showed least activity (01mm) against the fungal strain *Curvularialunata*. The extracts from leaves of *T. cucumerina* showed ranging of 1-6mm zone of inhibition indicating that the organisms were moderately sensitive to the different solvent extracts (Table 1).

The fungus *Curvularia lunata* was the exception as it showed only 1mm zone of inhibition in petroleum ether and acetone extracts. Aqueous, ethanolic, chloroform, petroleum ether, acetone extracts have shown the maximum zone of inhibition (6mm) (Table 1; Figure 1), which can be used as antifungal agents. The flower extracts of *T. cucumerina* were found significantly by inhibiting the almost all the organisms tested as evidenced by the zones of inhibition ranging from 1-6mm. Maximum zone of inhibition (6mm) was observed with aqueous and petroleum ether extracts against *Fusarium chlamydosporum*, acetone extracts against *Penicillium spp.*, methanol and chloroform extracts against *A. flavus* and methanol and petroleum ether extracts against *A. fumigates*.

The seed extracts showed the inhibition zone ranging from 1-9mm (Table 1). Methanolic extract showed maximum zone of inhibition against *Penicillium spp* (09mm). Aqueous extracts showed moderate activity against *A. flavus*. Petroleum ether and chloroform extracts showed least zone of inhibition (1mm) against *Curvularia lunata*.

Based on the results, it was found that the seed extracts were most significant with larger zones of inhibition and inhibiting a broad spectrum of fungi followed by remaining extracts. The results obtained from this work showed that the plant extracts of medicinally important *T. cucumerina* exhibited antifungal activity against *Penicillium spp*, *Fusarium chlmidosporum*, *A. flavus*, *A. terreus*, *A. fumigatus* and *Curvularia lunata*.

In particular, the plant extracts of *T. cucumerina* offer effective bioactive compounds for growth inhibition of the fungi.

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Discussion

Antimicrobial properties of certain Indian medicinal plants were reported based on folklore information (Srinivasan *et al.*, 2001; Parekh and Chanda, 2008; Patel and Coogan, 2008; Gupta and Banerjee, 2008; Duraipandiyan *et al.*, 2010). The screening of plant extracts and plant products for antimicrobial activity has shown that higher plants represent a potential source of new anti-infective agents. Infectious diseases account for high proportion of health problems in the developing countries (Sashikumar *et al.*, 2003). Resistance to antibiotics emerges in bacteria due to genetic mutations and consecutive selection of resistant mutants through selective pressure of antibiotics present in large amount in soil, plants, animals and humans (Andrasevic, 2004). Problems with drug resistant micro organisms and side effects of modern drugs and emerging diseases where no medicines are available have stimulated renewed interest in plants as significant source of new medicines (Patwardhan *et al.*, 2004). Traditionally, used medicinal plants produce a variety of compounds of known therapeutic properties. These substances that can inhibit pathogens and have little toxicity to host cells are considered candidates for developing new antimicrobial drugs (Aquil and Ahmad, 2003). The Cucurbitaceous plants especially seeds show the antimicrobial properties (Obi *et al.*, 2009).

So far, there are no reports on antifungal activity of *T.cucumerina* by using different solvents as we have experimented in the present study, but similar work was done by other researchers on *T. anguina*. The crude methanol extracts of *T. anguina* displayed lower activities. The ethyl acetate extracts of seed of *T. anguina* showed maximum antifungal activity against *Aspergillus flavus* as found in the present investigation (Ali-Shtayeh and Abu Ghdeib, 1999). Cucurmoschin (8kDa), a novel anti-fungal peptide abundant in arginine, glutamate and glycine residues was purified from black pumpkin seeds. It is reported to inhibit 6 mycelia growth of fungi *Botrytis cinerea*, *Fusarium oxysporum* and *Mycosphaerella oxysporum* and the treatment of dermatophytic infections. Hugo *et al.*, (2005) investigated the methanol and ethyl acetate extracts of mixture of stem and leaves of *Coccinia indica*, against *Aspergillus fumigatus*, *C. albicans*, *Erwinia amylovora* and *Fusarium culmorum* and found that they were more effective.

Methanol extract of leaves was investigated by Deewanjee *et al.*, (2007) for antifungal activity against *C. albicans*, *Aspergillus niger*, *Penicillium notatum* *Penicillium funiculosum*. Antifungal activity of hexane, dichloromethane, ethyl acetate and ethanol extracts of *Luffa operculata* against *C. albicans* was investigated by Jagessar *et al.*, (2007). Hussain and Nand Deeni (1991) screened the antimicrobial activity of Cucurbitaceous plants and their alkaloids. Investigations were carried out on total extracts of the dried powder combination of fruits of *Momordica charantia*, *Emblica officinalis* and *Coccinia indica* by Sankanarayanan and Jolly (1993). Similar studies were carried out by Kumar *et al.*, (1997) on the seeds of Cucurbitaceous plants. Antimicrobial activities of *Momordica charantia*, *Mentha piperata* and *Pisum sativum* were reported by Subhan and Tariq (2005). Ethanol extracts from leaves of *Cayaponia podantha*. (Cucurbitaceae) and four other Brazilian plants were screened for antimicrobial activity by Maria *et al.*, (2006). Alessandra *et al.*, (2008) studied the chemical composition and antimicrobial activity of *Momordica charantia* seed essential oil.

In vitro antimicrobial activity of fruit and leaf extracts of *Momordica charantia* was investigated by Mwambete (2009). Similar work was done by Belsem *et al.*, (2009) on Tunisian, *Citrullus colocynthis*. Antimicrobial activity of ethanol extract of leaf, stem, fruit and seed of *Brynopsis laciniosa* was investigated by Bonyadi *et al.*, (2009). Alessandra *et al.*, (2008) have reported that the antifungal activity of *Momordica charantia* seed essential oil. Hadizadeh *et al.*, (2009) have worked on ethanol extracts of *Colocynthis* against *Alternaria alternate*, *F. oxysporum*, *F. solani*, *Rhizoctonia solani*. Belsem *et al.*, (2009) have investigated the anticandidal activity of Tunisian, *Citrullus colocynthis*. Petroleum ether and methanol extracts of leaf and fruit of *M. charantia* were investigated for antifungal activity against *C. albicans* and it was found that methanolic fruit extracts showed higher activity than leaf extracts (Mwambete, 2009).

Our results reported the significant antifungal activity of seed extracts when compared to leaf, stem and flower extracts which correlate with previous findings (Mwambete, 2009).

Conclusion

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Natural plant-derived fungicides may be a source of new alternative active compounds, in particular with antifungal activity. From the present studies, it can be concluded that antifungal activity of *T. cucumerina* plant extracts against microorganisms indicate that their medicinal values and supports the claim of the traditional healers that it has been used to relieve some type of fungal diseases. Susceptibility of various microbes to the organic extracts of this plant suggests an immense scope for developing antifungal and therapeutic agents to cure many diseases of natural herbal agents. Further studies are needed to determine the chemical identity of the bioactive compounds responsible for the observed antifungal activity in *T. cucumerina*.

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Research Article

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