

Review Article

ROLE OF CYTOKINE SIGNALLING IN HEAD AND NECK CANCERS

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ABSTRACT

Head and neck squamous cell carcinoma (HNSCC) is the 6th most common type of malignancy worldwide. Cytokines are molecules that influence activation, growth, and differentiation of several target cells, Cells of head and neck squamous cell carcinoma (HNSCC) develop molecular strategies in order to evade growth inhibitory effects of cytokines present in the tumor microenvironment and malignant transformation. Cytokine-driven immunotherapy is a nonspecific, passive approach aiming to augment or boost immune cells with antitumor activity.

INTRODUCTION

Head and neck squamous cell carcinoma (HNSCC) is the 6th most common type of malignancy worldwide, and represents over 6% of the global cancer burden. HNSCC accounts for nearly 650,000 new cases of cancer worldwide, and over 35,000 deaths each year. Ninety percent cancers in the head and neck area are squamous cell cancers (HNSCC) from mucosal epithelium Sengupta (2012). Historically, HNSCC has been a challenging disease to manage, with locally advanced disease often requiring a multidisciplinary approach of surgery, chemotherapy and radiation Walker *et al.*, (2012).

Cytokines are molecules that influence activation, growth, and differentiation of several target cells, and more than 100 types of cytokines have been identified. They are produced by different types of cells, exhibiting less restricted tissue specificity than hormones Franco Lumachi *et al.*, (2010). They are a heterogeneous group of soluble small polypeptides or glycoproteins, which exert pleiotropic and redundant effects that promote growth, differentiation and activation of normal cells. Cytokines can have either pro- or anti-inflammatory activity or immunosuppressive activity, depending on the microenvironment. Immune cells are the major source of cytokines but many human cells are capable of producing them and, importantly, their production acts as a means of communication between both cells and tissues Borish *et al.*, (2003).

Cells of head and neck squamous cell carcinoma (HNSCC) develop molecular strategies in order to evade growth inhibitory effects of cytokines present in the tumor microenvironment. Therefore, the malignant transformation process is strongly associated with an altered response to cytokine stimulation. Douglas WG *et al.*, (2004). Prominent HNSCC-derived cytokines are interleukin-4 (IL-4), IL-6, IL-8, IL- 10, granulocyte macrophage-colony-stimulating factor (GM-CSF), vascular endothelial growth factor (VEGF), prostaglandin E2 (PGE2) as well as basic fibroblast growth factor (bFGF) Chen *et al.*, (1999); Woods *et al.*, (1998); Eisma *et al.*, (1997). HNSCC relevant cytokines and their functions are summarized in Table 1.

Decreasing cytokine and growth factor levels in serum are associated with Response to therapy, while increasing levels are related to cancer progression and recurrence. IL-6 increases VEGF expression and the invasive potential in cell lines Noda (2007), and its expression correlates with poor prognosis in HNSCC patients Duffy *et al.*, (2008).IL-6 involve in mediating Epithelial–mesenchymal transition in head and neck tumor cells and increasing their metastatic potential Yadav *et al.*, (2011)

IL-8 and GRO1 serve as chemoattractants for neutrophils, monocytes, and endothelial cells, which are all major constituents of the inflammatory and angiogenesis response, and their expression promotes aggressive growth and metastasis Van (2007). In addition, IL-1 and IL-6 are potent inducers of HGF production by stromal cells, such as fibroblasts, and HGF is capable of further enhancing IL-8 and VEGF expression Worden (2005) DiNatale *et al.*, (2011) .Several cytokines and growth factors also activate signal pathways that promote the malignant phenotype. TNFa, IL-1, HGF, and their receptors promote

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activation of the mitogen activated protein kinase-activator protein-1 (MAPK-AP-1), nuclear factor-kappa B (NF-kB), and phosphatidylinositol-3 kinase (PI3K)/Akt pathways. Umemura *et al.*, (2012) Luangdilok *et al.*, (2011) Amornphimoltham *et al.*, (2011). Epidermal growth factor (EGF) and IL-6 activate signal transducer and activating transcription factor-3 (STAT3) in HNSCC cells Leeman *et al.*,(2006), Lee *et al.*,(2008). Cohen-Kaplan *et al.*,(2012).

Table- 1 : HNSCC relevant cytokines and their proposed cellular functions

Cytokines	Sites of action
Basic fibroblast growth factor (bFGF)	Angiogenesis, metastasis
Granulocyte macrophage-colony-stimulating factor(GM-CSF)	CD34 mobilisation, immune suppression
IL-1	Cytokine secretion, gelatine production
IL-4	Immune suppression
IL-6	Inflammation regulation, anti-apoptosis
IL-8	Angiogenesis
IL-10	Immune suppression
Hepatocyte growth factor (HGF)	Angiogenesis
Macrophage migration inhibitory factor (MIF)	Growth regulation
Platelet-derived growth factor (PDGF)	Angiogenesis
Prostaglandin E2 (PGE2)	Immune suppression
Transforming growth factor-b (TGF-b)	Immune suppression
Vascular endothelial growth factor (VEGF)	Angiogenesis, metastasis, chemoattraction

Upon Activation by proinflammatory cytokines, such as IL-1 and TNF- α , I κ B kinases (IKKs) and Casein kinase 2 (CK2) can phosphorylate I κ Bs, which leads to ubiquitination and degradation of the I κ Bs by the 26S proteasome. This releases the bound NF- κ B1/RelA and allows for its processing and translocation to the nucleus, resulting in the activation of multiple target genes Brown *et al.*,(2008). Sen *et al.*, (2012). Constitutive activation of NF- κ B dysregulates genes that regulate cell proliferation (cyclin D1), apoptosis and resistance to chemotherapeutics and radiation (IL-6, IL-8, cIAP1, Bcl-xL, YAP1), angiogenesis, immune, and proinflammatory responses (IL-6, IL-8, VEGF, HGF), and metastasis (IL-8, HGF, MMP9 Duan *et al.*,(2007), Allen *et al.*,(2008). Nuclear staining of the phospho-activated form of p65 correlates with decreased survival Rabinowich *et al.*, (1992). Head and neck cancer cells acquire the ability to subvert the chemokine (chemo-attractant cytokines) system, such that these molecules and their receptors become important regulators of cell movement into and out of the tumour microenvironment and major players in cancer biology. Balkwill (2012)

Cytokine-driven therapy

Cytokine-driven immunotherapy is a nonspecific, passive approach aiming to augment or boost immune cells with antitumor activity. Several cytokines have been used in therapy of SCCHN, as follows.

Interleukin 2

Interleukin (IL)-2 has been considered a key growth and death factor for antigen-activated T lymphocytes. IL-2 is also essential to maintain self-tolerance. p μ or-deficient mice exhibit lethal autoimmunity. The intrinsic death-sensitizing activity of IL-2 was thought to be a key mediator for

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apoptosis of peripheral autoreactive T cells. Interleukin-2 (IL-2) directly activates lymphocytes and sustains their proliferation. It has also been reported to be able to directly inhibit growth of SCCHN Sacchi *et al.*, (1991), Rabinowich *et al.*, (1992). Injections of IL-2 in SCCHN patients demonstrated increased numbers and activities of both T cells and NK cells infiltrating the tumor stroma Whiteside *et al.*, (1993). Several subsequent clinical trials have combined systemic IL-2 with interferon (IFN)- α or chemotherapy and achieved various response rates, but the individual contribution of IL-2 to these responses was difficult to determine Agarwala *et al.*, (1991), Vlock *et al.*, (1991).

IFN- γ

Interferon γ (IFN- γ) up-regulates expression of several critical cellular molecules, including TAAs, adhesion molecules, and MHC class I and II molecules. A direct cytotoxic and cell-differentiation effect of IFN- γ on SCCHN cell lines was demonstrated Richtsmeier (1998). IFN- γ infusions in subsequent phase I/II clinical studies demonstrated notable responses in advanced SCCHN and induced tumor cell differentiation in several instances Ikic *et al.*, (1981), Richtsmeier *et al.*, (1990). Recombinant DNA technology makes possible to produce clinical-grade IFN- γ and now it will be possible to reevaluate the clinical potential of this cytokine for patients with SCCHN.

Interleukin-12

Endogenous IL-12 is important for host resistance to tumors; the antitumor activity of IL-12 has been extensively reported in mouse models of cancer, where it has been shown to inhibit tumorigenesis and induce regression of established tumours'. The major antitumor activities of IL-12 rely on its ability to promote Th1 adaptive immunity and CTL responses. IFN- γ produced by naive Th cells also contributes to the antitumor activity of IL-12. IFN- γ has both a direct toxic effect on cancer cells and antiangiogenic activity. Lin and Karin (2007). Injection of recombinant IL-12 into the primary tumor cause redistribution of lymphocytes from the peripheral blood to the lymph nodes in the neck; a significant increase in natural killer cells and a lower percentage of T_H cells in the lymph nodes and the primary tumor; and a 128-fold increase in IFN- γ mRNA in the lymph nodes Egan *et al.*, (2007). The use of IL-12 in cancer therapy, however, is hindered by severe toxic side effects. Injection of IL-12-loaded microspheres is more effective than repeated bolus injections of soluble IL-12 in promoting tumor suppression. Biodegradable microspheres may provide a safer and simpler alternative to current cytokine immunotherapies designed to deliver cytokines into the tumor microenvironment in a sustained manner.

Interferon- α

Interferon- α has been added to other drugs in the treatment of HNSCC. The combination of IFN- α , cisplatin, and 5-fluorouracil was associated with an overall response rate of 55% in patients with advanced esophageal cancer, accompanied by considerable toxicity Bazarbashi *et al.*, (2002). In a phase 2 study of interferon- α plus isotretinoin and vitamin E in patients with locally advanced HNSCC, the 5-year progression-free survival rate was 80% and the 5-year overall survival rate was 81.3% Seixas-Silva *et al.*, (2005). Combination treatment with low dose recombinant IL-2 and interferon alpha-2 α has also produced significant clinical tumor regressions in 2 of 11 (18%) heavily pretreated patients with recurrent disease Urba *et al.*, (1993). Recently, IFN- α in combination with 13-cis-retinoic acid (cRA) and α -tocopherol was used in an adjuvant phase II chemoprevention trial to prevent recurrence and/or secondary tumors, and it was found to be generally well tolerated.

Onco VEX^{GM-CSF}

Onco VEX^{GM-CSF} is a second-generation oncolytic herpes simplex virus that delivers GM-CSF. In a phase 1 trial, multiple doses of Onco VEX^{GM-CSF} were safe and well tolerated in patients with a range of solid tumor types, GM-CSF was expressed, and there was evidence of antitumor activity Hu *et al.*, (2006).

Cytokine mixtures

A complex Cytokine mixture (IRX-2) is primary cell derived biologic contains multiple cytokines: IL-1, 2, -6, and -8, tumor necrosis factor- α , IFN- γ , G-CSF, and GM-CSF. It is sterile, endotoxin-free, and serum-free, and is produced from purified human mononuclear cells that are stimulated by phytohemagglutinin

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(PHA) under GMP conditions. This cytokine mixture remains a promising approach to immunotherapy of SCCHN. Meneses *et al.*, (1998), Verastegui *et al.*, (1997).

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