

## **IN VITRO ANTHELMINTIC EFFECTS OF FRUIT EXTRACTS OF CITRULLUS COLOCYNTHIS ON LIVER FLUKE *FASCIOLA GIGANTICA* IN BUFFALOES**

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### **ABSTRACT**

The *in vitro* anthelmintic effect of alcoholic fruit extract of *Citrullus colocynthis* and albendazole was investigated against *Fasciola gigantica* parasites. Fruits of *C. colocynthis* were collected from the desert area; Shriganganagar, Barmer, Jaisalmer (Rajasthan) and different concentration 10, 20, 30, 40, 50 mg/ml of *C. colocynthis* fruits extracts were prepared. *In vitro* treated *F. gigantica* with alcoholic and aqueous concentrations of fruit extracts were resulted dose-dependent and exposure time dependent mortality. Alcoholic concentrations of fruit extracts of *C. colocynthis* exhibit mortality 100% at 50 mg/ml in 15<sup>th</sup> hour of exposure time. Aqueous fruit extract mortality rate 80% was exhibited at 50 mg/ml concentration on maximum exposure time 15 hrs. The synthetic drug Albendazole induced 66.67% mortality in 15<sup>th</sup> hours of incubation at 50 mg/ml dose concentration. Aqueous fruits extract of *C. colocynthis* more effective than synthetic drug albendazole but less effective than alcoholic fruits extract of *C. colocynthis*. Various veterinary drugs have been used to eliminate parasites from cattle but these drugs are unaffordable and inaccessible for poor cattle farmers. In conclusion, the present study revealed that alcoholic fruit extracts of *C. colocynthis* found to be potential sources for novel anthelmintic and justify their ethno-veterinary use.

**Keywords:** *Fasciola gigantica*, Anthelmintic, *Citrullus colocynthis*, Mortality

### **INTRODUCTION**

Fascioliasis has been recognized as an important helminthic disease of livestock. This disease is mainly caused by *Fasciola gigantica* in domestic ruminants in India (Dalton, 1999). Fascioliasis is a significant livestock problem yearly an estimated US\$ 2 to 3 billion are foregone due to weight loss, reduction in meat, wool and milk production, fertility in domestic animals and at present there is no Vaccine available for the prevention of fasciolosis. Fasciolosis is mainly caused by *F. gigantica* in buffaloes (Meaney *et al.*, 2002; Schweizer *et al.*, 2005; McManus and Dalton, 2006; Gupta *et al.*, 2012; Pandya *et al.*, 2015; Swarnakar and Damor, 2016). *F. gigantica* infections are produce major health problem and economic losses particularly poor livestock owners and dairy industry in Udaipur, India. *F. gigantica* is large and flatworm tropical liver fluke parasites belonging to the trematodes and occurs in the biliary ducts of liver and gall bladder of buffaloes.

Synthetic anthelmintic drugs are currently used for the treatment of *F. gigantica*. Synthetic drugs are not easily available in some of the remotest rural areas and have some serious disadvantages such as development of drug resistance in continuous use, adverse drug reactions or residual effects. The continued usage of current anthelmintic drugs is also posing a major problem of drug resistance in *F. gigantica* as well as unwanted adverse effect such as abdominal discomfort, nausea, vomiting, diarrhea, drowsiness vertigo, rashes is common in domestic buffaloes. The emergence of several problems due to synthetic drugs has encouraged the search for new compounds for better use of existing drugs.

Various medicinal plants have anthelmintic properties offer an alternative source can solve these problems and more acceptable to the native users. Many scientists were screened and *in vitro* anthelmintic effects of different indigenous medicinal plants against *F. gigantica* to develop safer, cheaper, eco-friendly and effective remedy for fasciolosis in ruminants (Kushwaha *et al.*, 2004; Githori *et al.*, 2006; Jabbar *et al.*, 2006; Hegazi *et al.*, 2007; Shehab *et al.*, 2009; Saowakon *et al.*, 2009;

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Jenthilakhan *et al.*, 2010a and b; Ebedi *et al.*, 2011; Jeyathilakan *et al.*, 2012; Sumaia *et al.*, 2012; Shalaby *et al.*, 2012; Tansatit *et al.*, 2012; Kumar *et al.*, 2014 and Anuracpreeda *et al.*, 2017).

The experimental medicinal plant *Citrullus colocynthis* commonly known as bitter apple, kharatumba, occurs in Jaisalmer, Barmer, Jodhpur and Shriganganagar of Rajasthan. The fruit of *C. colocynthis* had been used medically since ancient times to treat constipation, oedema, cancer, jaundice, inflammation, ulcer, diabetes and urinary diseases, antibacterial, antimicrobial, antifungal property and antileishmanial (Nmillar *et al.*, 2000; Kumar *et al.*, 2008; Huseini *et al.*, 2009; Dallak, 2011; Amrouche *et al.*, 2011; Jeyanthi and Christy, 2011; Baloch *et al.*, 2013 and Zaid *et al.*, 2013). The anthelmintic efficacy of *Citrullus colocynthis* found to be positive on *Haemonchus contortus* and worm *Pheretimaposthuma* (Ullah *et al.*, 2013; Talole *et al.*, 2013 and Kumar *et al.*, 2014). Effect of aqueous and alcoholic fruits extracts of *C. colocynthis* on amphistome *Orthocoelium scolicoelium* (Swarnakar *et al.*, 2015). Preliminary phytochemical screening of the plant showed the presence of large amounts of carbohydrate, protein, separated amino acid, tannins, saponins, phenolics, flavanoids, flavone, glucosides, terpenoids, alkaloids, anthranol, steroids, cucurbitacins, saponarin, cardicglycoloids, trace elements and many other chemical groups (Al-Snafi, 2016 and Vinaykumar *et al.*, 2016).

However, no research work has been carried out so far on *in vitro* anthelmintic effects of medicinal plants *Citrullus colocynthis* (Kharatumba) on *Fasciola gigantica* by light and electron microscope. Therefore, it has been decided to undertake the work on “*In vitro* anthelmintic effects of fruit extract *Citrullus colocynthis* on adult *Fasciola gigantica* in buffaloes of Udaipur, India”.

The present research work would be significant because it will help to prepare less costly, eco-friendly, anthelmintic and veterinary herbal drugs to replace the synthetic drugs which are currently in use. The current research work provide knowledge for fasciolosis treatment and chemotherapeutic as well as phytotherapeutic measures. Findings of the study will improve socioeconomic condition of the cattle farmers of Udaipur by removing pathogenic liver fluke *Fasciola gigantica* parasites with the treatment of medicinal plants.

## MATERIALS AND METHODS

### Collection of Parasites

Live liver fluke *Fasciola gigantica* parasites were collected from the liver of freshly slaughtered buffaloes (*Bubalus bubalis*), at the local zoo abattoir in Udaipur. *F. gigantica* parasites were washed several times in tap water and then it was transferred into 0.9 % physiological saline.

### Preparation of Fruit Extracts

Fresh *Citrullus colocynthis* fruits were collected from the desert area; Shriganganagar, Barmer, Jaisalmer (Rajasthan). Seeds were separate from the pulp of fruits. Then, pulp was put to dry and pulverize with grinder into a powder.

The powder was refluxed in 70% alcohol for 72 hrs at 60° C, and occasional stirring with a glass rod manually at regular intervals. After 72 hrs the macerates solutions were filtered in separate flasks using a Whatman no. 4 filter paper. Than centrifuged at x10000 g for 15 min and the supernatant was dry until a constant dry weight of each extract was obtained. Then, dried plant extracts were reconstituted in the respective solvents (alcoholic) using 10% DMSO.

### Experimental Design

*Fasciola gigantica* parasites were maintained in 0.9% physiological saline and divided into four groups with five parasites in each group (Three replicate in each group). The first group of parasite was untreated used as control *Fasciola gigantica*. Second group of the parasites was treated with synthetic drug albendazole. Third group of the parasites were given *in vitro* treatment with alcoholic fruit extracts of *Citrullus colocynthis*. Last fourth group of the parasites were given *in vitro* treatment with aqueous fruit extracts of *Citrullus colocynthis*.

**Control Group:** The First group of parasites was a control group. The control experiments were prepared by incubating the worms in the phosphate buffered saline (PBS) containing 10 % DMSO (Dimethyl sulphoxide) for 15 hours.

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**In vitro Treatment with Synthetic Drug Albendazole:** Second group of parasites were treated with synthetic drug Albendazole (Methyl 5-propylthio 2- benzimidazolecarbamate) at the concentration of 10, 20, 30, 40, 50 mg/ml for 15 hours.

**In Vitro Treatment with Alcoholic Fruit Extracts of *C. Colocynthis*.** Third group incubated in concentration 10, 20, 30, 40, 50 mg/ml of alcoholic extracts of fruit pulp of *Citrullus colocynthis* with a volume of 30 ml in the petri dish for 15 hours.

**In Vitro Treatment with Aqueous Fruit Extracts of *C. Colocynthis*.** Fourth group incubated in concentration 10, 20, 30, 40, 50 mg/ml of aqueous extracts of fruit pulp of *Citrullus colocynthis* with a volume of 30 ml in the petri dish for 15 hours.

### Evaluation of Anthelmintic Activity of Albendazole, Aqueous and Alcoholic Fruit Extracts of *Citrullus Colocynthis*

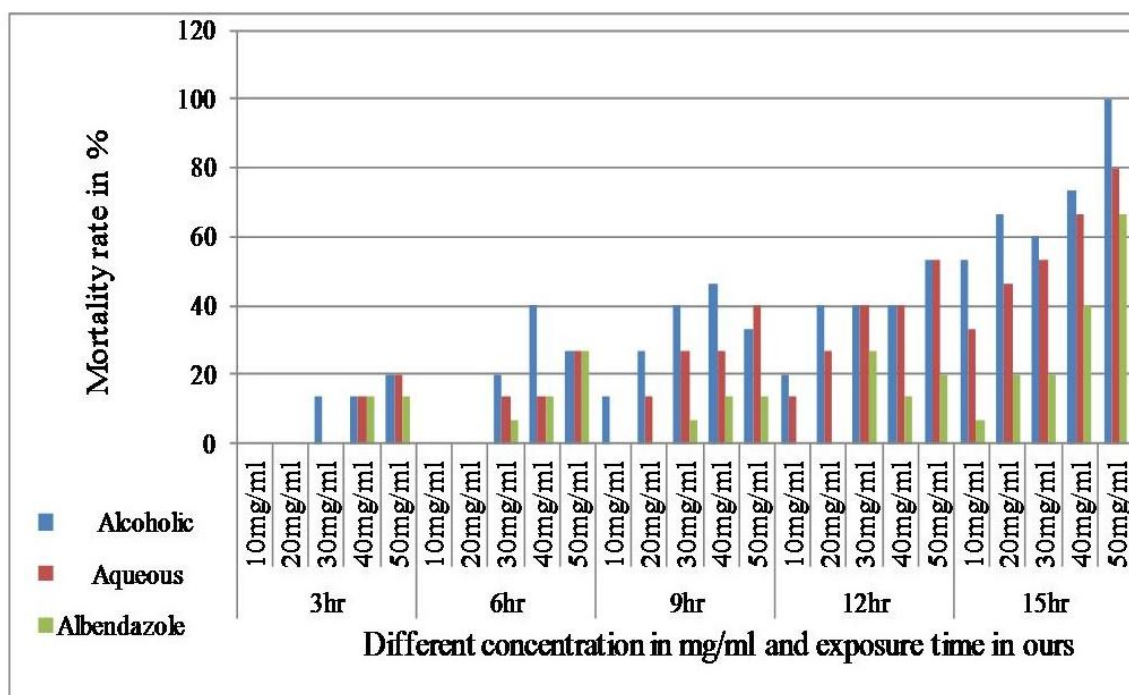
50 ml of each concentration of the anthelmintic effect of aqueous and alcoholic plant extracts of *C. colocynthis* and synthetic drug were applied to a group 5 worm maintained in 50ml of selected medium and 2ml of the sterilizing solution. The experiment was performed in three replicates at the optimal temperature (37°C) and pH 7.4. All experimented worms were examined after 3, 6, 9, 12 and 15 hr and mortality was calculated for each experiment. Mortality was determined visually by activity and by mechanical stimulation using a dissecting needle after 3, 6, 9, 12 and 15 hr and worm mortality was evaluated by observation under magnifying glass or after being removed from the experimental medium and dipped in slightly warm water and on gentle stimulation, worms confirmed by mortality.

### Statistical Analysis

The dead worms of *Fasciola gigantica* were counted in each experimental set and the percentage of average mortality was calculated.

## RESULTS AND DISCUSSION

### Result



**Graph 1.** *In vitro* antihelmintic effect of alcoholic and aqueous fruits extract of *C. colocynthis* and albendazole on *F. gigantica*

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**Table 1: Different Concentration of Aqueous Fruits Extract of *Citrullus colocynthis* Shows Antihelmintic Effects on *Fasciola gigantica***

Exposure Time in Hrs	Aqueous Colocynthisin mg/ml	C. Mean	±STD	Mortality Rate %	CV%
3hr	10mg/ml	0.00	0.00	0.00	0.00
	20mg/ml	0.00	0.00	0.00	0.00
	30mg/ml	0.00	0.00	0.00	0.00
	<b>40mg/ml</b>	0.67	0.58	13.33	<b>86.60</b>
	50mg/ml	1.00	1.00	20.00	100.00
6hr	10mg/ml	0.00	0.00	0.00	0.00
	20mg/ml	0.00	0.00	0.00	0.00
	30mg/ml	0.67	0.58	13.33	86.60
	40mg/ml	0.67	0.58	13.33	86.60
	50mg/ml	1.33	0.58	26.67	43.30
9hr	10mg/ml	0.00	0.00	0.00	0.00
	20mg/ml	0.67	0.58	13.33	86.60
	30mg/ml	1.33	0.58	26.67	43.30
	40mg/ml	1.33	0.58	26.67	43.30
	50mg/ml	2.00	1.00	40.00	50.00
12hr	10mg/ml	0.67	0.58	13.33	86.60
	20mg/ml	1.33	0.58	26.67	43.30
	30mg/ml	2.00	1.00	40.00	50.00
	40mg/ml	2.00	1.00	40.00	50.00
	50mg/ml	2.67	0.58	53.33	21.65
15hr	<b>10mg/ml</b>	1.67	0.58	<b>33.33</b>	<b>34.64</b>
	20mg/ml	2.33	0.58	46.67	24.74
	30mg/ml	2.67	0.58	53.33	21.65
	<b>40mg/ml</b>	3.33	0.58	<b>66.67</b>	<b>17.32</b>
	<b>50mg/ml</b>	4.00	<b>1.00</b>	<b>80.00</b>	<b>25.00</b>

*Different Concentration of Aqueous Fruits Extract of Citrullus colocynthis Shows Antihelmintic Effects on Fasciola gigantica*

The *in vitro* antihelmintic effect of *C. colocynthis* aqueous fruits extract has been shown in table 1. Highest mortality rate 80% and coefficient variation (CV) 25% were exhibited at 50 mg/ml aqueous fruit extract concentration on maximum exposure time 15 hrs. 66.67% mortality rate exhibited on 40 mg/ml same exposure time this mortality rate induced prelatec effect on the experimental parasites near to death of the parasites. Whereas lowest mortality rate 13.33% and

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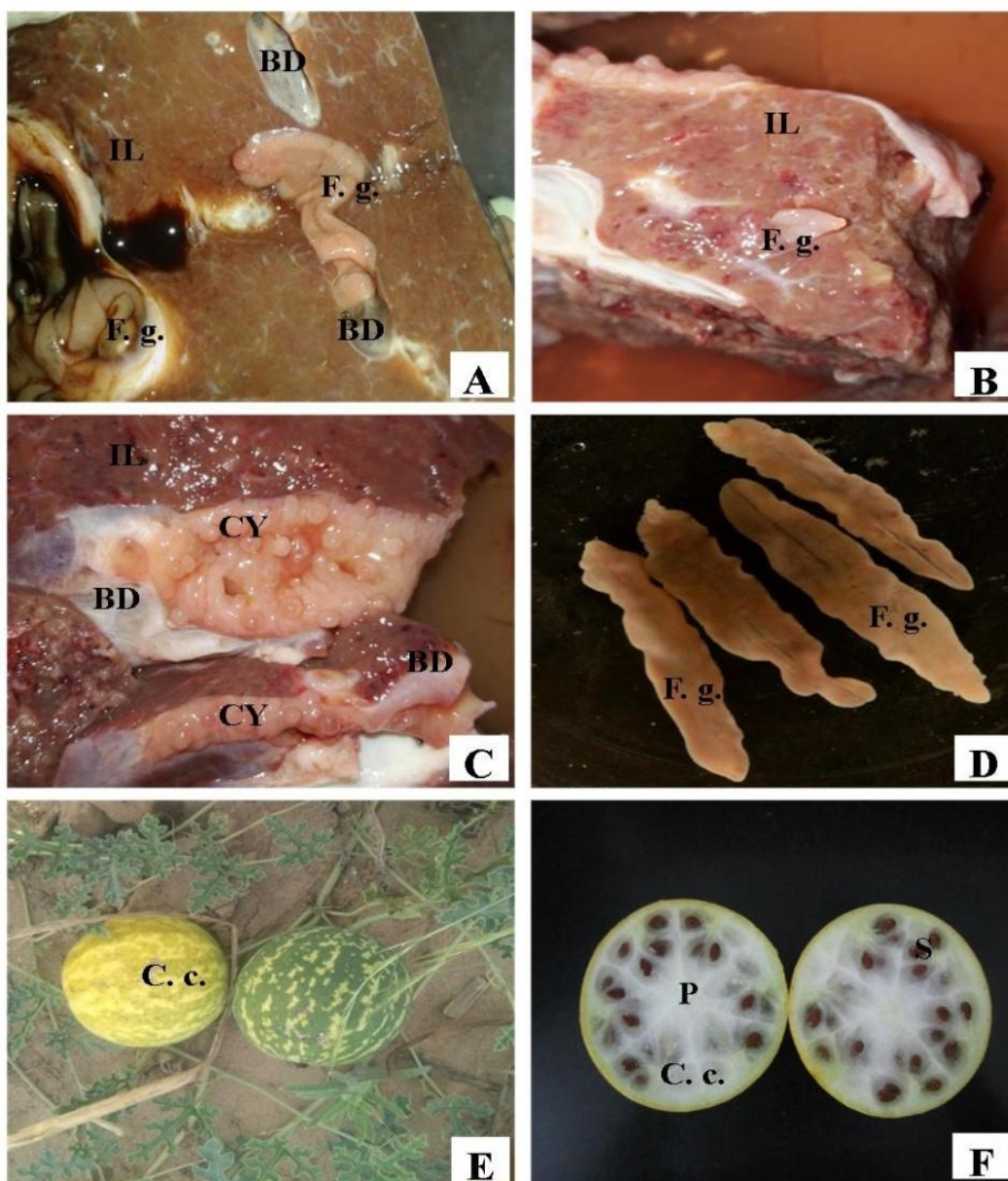
coefficient variation (CV) 86% were exhibited at 40 mg/ml aqueous fruits extract concentration on minimum exposure time 3 hrs.

**Table 2: *In Vitro* antihelmintic Effect of Alcoholic Fruits Extracts *C. colocynthis* on *F. gigantica* with Different Concentration**

Exposure Time in Hrs	Alcoholic <i>C. Colocynthisin</i> mg/ml	Mean	±STD	Mortality Rate %	CV%
3hr	10mg/ml	0.00	0.00	0.00	0.00
	20mg/ml	0.00	0.00	0.00	0.00
	<b>30mg/ml</b>	0.67	0.58	<b>13.33</b>	86.60
	40mg/ml	0.67	0.58	13.33	86.60
	50mg/ml	1.00	1.00	20.00	100.00
6hr	10mg/ml	0.00	0.00	0.00	0.00
	20mg/ml	0.00	0.00	0.00	0.00
	30mg/ml	1.00	1.00	20.00	100.00
	40mg/ml	2.00	1.00	40.00	50.00
	50mg/ml	1.33	0.58	26.67	43.30
9hr	10mg/ml	0.67	0.58	13.33	86.60
	20mg/ml	1.33	0.58	26.67	43.30
	30mg/ml	2.00	1.00	40.00	50.00
	40mg/ml	2.33	0.58	46.67	24.74
	50mg/ml	1.67	1.15	33.33	69.28
12hr	10mg/ml	1.00	0.00	20.00	0.00
	20mg/ml	2.00	0.00	40.00	0.00
	30mg/ml	2.00	1.00	40.00	50.00
	40mg/ml	2.00	1.00	40.00	50.00
	50mg/ml	2.67	0.58	53.33	21.65
15hr	<b>10mg/ml</b>	2.67	0.58	<b>53.33</b>	21.65
	20mg/ml	3.33	0.58	66.67	17.32
	30mg/ml	3.00	1.00	60.00	33.33
	40mg/ml	3.67	0.58	<b>73.33</b>	15.75
	<b>50mg/ml</b>	5.00	0.00	<b>100.00</b>	0.00



PHOTOGRAPHIC PLATE – 1



**Figure 1:** A: Infected Liver (IL) with *Fasciola gigantica* (F.G.); B: *F. gigantica* (F. G.) in Bile Duct (BD) of Infected Liver (IL); C: Cyst (CY) Formation in Bile Duct of Infected Liver by *F. Gigantica* (F. G.); D: *F. gigantica* (F. G.) in Saline Solution; E: Plant of *Citrillus colocynthis* (C. C.) with Fruits; F: *Citrillus colocynthis* (C. C.) Fruits with Seeds (s) and Pulp (P)

*Different Concentration of Alcoholic Fruits Extract of Citrullus Colocynthis Shows Antihelminthic Effects on Fasciola Gigantica*

The *in vitro* antihelminthic effect of *C. colocynthis* has been shown in table 2. The highest mortality rate 100 % and coefficient variation (CV) 0% were observed at 50 mg/ml fruits extract concentration on highest exposure time 15 hrs. 73.33 % mortality rate and coefficient variation (CV) 15.75 revealed on 40 mg/ml and at same exposure time this mortality induced prelate affect on the experimental parasites near to death of the parasites. Whereas lowest mortality rate 13.33% and coefficient variation (CV) 86% were

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exhibited at 30 mg/ml aqueous fruits extract concentration on minimum exposure time 3 hrs. 10 mg/ml and 20 mg/ml fruit extracts concentration on 3 hrs and 6 hrs respectively did not showed any mortality.

**Table 3: *In Vitro* Antihelmintic Effect of Synthetic Drug Albendazole on *Fasciola gigantica* with Different Concentrations**

Exposure Time in Hrs	Albendazole in mg/ml	Mean	±STD	Mortality Rate %	CV%
3hr	10mg/ml	0.00	0.00	0.00	0.00
	20mg/ml	0.00	0.00	0.00	0.00
	30mg/ml	0.00	0.00	0.00	0.00
	<b>40mg/ml</b>	0.67	0.58	<b>13.33</b>	<b>86.60</b>
	50mg/ml	0.67	0.58	13.33	86.60
6hr	10mg/ml	0.00	0.00	0.00	0.00
	20mg/ml	0.00	0.00	0.00	0.00
	30mg/ml	0.33	0.58	6.67	173.21
	40mg/ml	0.67	0.58	13.33	86.60
	50mg/ml	1.33	0.58	26.67	43.30
9hr	10mg/ml	0.00	0.00	0.00	0.00
	20mg/ml	0.00	0.00	0.00	0.00
	30mg/ml	0.33	0.58	6.67	173.21
	40mg/ml	0.67	0.58	13.33	86.60
	50mg/ml	0.67	0.58	13.33	86.60
12hr	10mg/ml	0.00	0.00	0.00	0.00
	20mg/ml	0.00	0.00	0.00	0.00
	30mg/ml	1.33	0.58	26.67	43.30
	40mg/ml	0.67	0.58	13.33	86.60
	50mg/ml	1.00	1.00	20.00	100.00
15hr	<b>10mg/ml</b>	0.33	0.58	<b>6.67</b>	<b>173.21</b>
	20mg/ml	1.00	1.00	20.00	100.00
	30mg/ml	1.00	1.00	20.00	100.00
	<b>40mg/ml</b>	2.00	1.00	<b>40.00</b>	<b>50.00</b>
	<b>50mg/ml</b>	3.33	0.58	<b>66.67</b>	<b>17.32</b>

*Different Concentration of Synthetic Drug Albendazole Shows Antihelmintic Effect on Fasciola gigantica*

The *in vitro* antihelmintic effect of different concentration of albendazole showed on *F. gigantica* (Table 3). 66.67 % mortality rate and coefficient variation (CV) 173.32 were observed at high concentration of albendazole of 50 mg/ml at 15 hrs exposure time. 10 mg/ml exhibited 6.67% mortality rate and coefficient variation (CV) 173.21% at same exposure time (15 hrs). Whereas 6.67% mortality rate were observed at 30 mg/ml on 6 hrs and 9 hrs exposure time and 10 mg/ml concentration also showed 6.67% mortality rate. 10 mg/ml and 20 mg/ml concentration did not produce any mortality rate on 3, 6, 9 and 12 hrs of exposure time of the test exposure parasites.

Comparison of antihelmintic effect of *in vitro* different concentration of synthetic drug albendazole, alcoholic and aqueous fruits extract of *C. colocynthis* has been shown graphical representation in graph 1. Aqueous fruits extract of *C. colocynthis* more effective then synthetic drug albendazole but less effective then alcoholic fruits extract of *C. colocynthis*. Highest mortality rate in alcoholic fruits extract of *C. colocynthis* on *Fasciola gigantica*.

**Discussion**

In the present study the antihelmintic effect of the different concentration of aqueous and alcoholic extract of *Citrullus colocynthis* were evaluated on pathogenic liver fluke *Fasciola gigantica*. Results were compared with synthetic drug albendazole at different concentration. This study showed that *C.*

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*colocynthis* have higher antihelmintic effect on *F. gigantica*. Both the alcoholic and aqueous fruits extract of *C. colocynthis* exhibited dose dependent mortality of *F. gigantica* by paralyzing them or causing their death within the incubating period.

The study exhibited that aqueous and alcoholic fruit extract of *C. colocynthis* caused more mortality than synthetic drug albendazole and higher concentration are more effective than lower concentration. It was also evident that aqueous extract was less potent than alcoholic extracts. Some other researchers were also worked on anthelmintic activity of *C. colocynthis* on different parasites. Similar studies were also done by various scientists on *in vitro* effects of various alcoholic and aqueous medicinal plant extracts. A large number of medicinal plants have been claimed to have anthelmintic activities in traditional system of medicine and are also utilized by ethnic groups worldwide such as *Allium sativum*, *Lawsonia inermis* and *Opuntia indica*, *B. egyptiaca*, *Cymbopogon nardus*, *Arecacatechu*, *Erythrina indica*, *Zingiber officinale*, *Caparis decidua*, *Moringa olifera* Ivermectin, *Nigella sativa* and *Azadirachta indica* were observed in comparing with albendazole and triclabendazole on adult *F. gigantica* and other helminth parasites include *Haemonchus contortus*, *Moniezia expansa* (Kushwaha *et al.*, 2004; Githori *et al.*, 2006; Jabbar *et al.*, 2006; Hegazi *et al.*, 2007; Shehab *et al.*, 2009; Saowakon *et al.*, 2009; Jenthilakhan *et al.*, 2010a and b; Ebedi *et al.*, 2011; Jeyathilakan *et al.*, 2012; Shalaby *et al.*, 2012; Sumaia *et al.*, 2012; Tansatit *et al.*, 2012; Massoud *et al.*, 2012 and Shareefa *et al.*, 2014). In India, traditional medicinal plants *Ferula asafoetida* and *Syzygium aromaticum* also show have several medicinal, pesticidel, antioxidant, antiviral, antibacterial, antifungal, molluscicidal and larvicidal properties. the *in vitro* antihelmintic effect of medicinal plants *F. asafoetida* and *S. aromaticum* on the liver fluke *F. gigantica* (Kumar *et al.*, 2014 and Anuracpreeda *et al.*, 2017).

Anthelmintic properties of medicinal plants were showed on different parasites. Kumar *et al.*, (2014) evaluated the acaricidal activities of the aqueous methanolic extracts of rhizome of *Curcuma longa*, fruit of *C. colocynthis* and seed of *Peganumharmala*. Crude aqueous methanol extracts of the three plants and their combination were found effective against *Rhipicephalus microplus* larvae of ticks (Ullah *et al.*, 2015). The crude oil from *C. colocynthis* fruit showed that the major constituents were mainly the triglycerides, free fatty acids, phospholipids and sterols along with other minor unidentified constituents (Dash *et al.*, 2015). The study exhibited that alcoholic and aqueous fruit extract of *C. colocynthis* caused more mortality than synthetic drug albendazole and higher concentration are more effective than lower concentration. It was also evident that aqueous extract was less potent than alcoholic extracts.

Present research work have similarity with observations of Ullah *et al.*, (2013); Talole *et al.*, (2013) and Kumar *et al.*, (2014) because they exhibited similar observations of anthelmintic efficacy of *C. colocynthis* on *Haemonchus contortus* and worm *Pheretima posthuma*. The *in vitro* anthelmintic activity of aqueous and alcoholic extract of *C. colocynthis* were observe on amphistome *Orthocoelium scoliocoelium* and found the potential sources for novel anthelmintic and justify their ethno veterinary use (Swarnakar *et al.*, 2015). *C. colocynthis*, *Physalis alkekengi* and *Solanum nigrum* displayed potent *in vitro* antimalarial activity. The existences of anthelmintic and anti plasmodial compounds were detected in *C. colocynthis* plant extracts (Rani *et al.*, 2017 and Haddad *et al.*, 2017).

The alcoholic extract of fruit pulp of *C. colocynthis* could offer a suitable and cheaper alternative for the most expensive anthelmintic as comparison to aqueous extract and synthetic drugs. It showed a potent and progressive effect on the parasites. Consequently, it will help to reduce the occurrence of parasite in the host environment after treatments. The results of this study will be helpful to preparing ecofriendly, less costly anthelmintic veterinary drug, socio-economic upliftment of cattle farmers and scientific documentation of traditional veterinary practices.

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